

# **Colchicine in COVID-19**

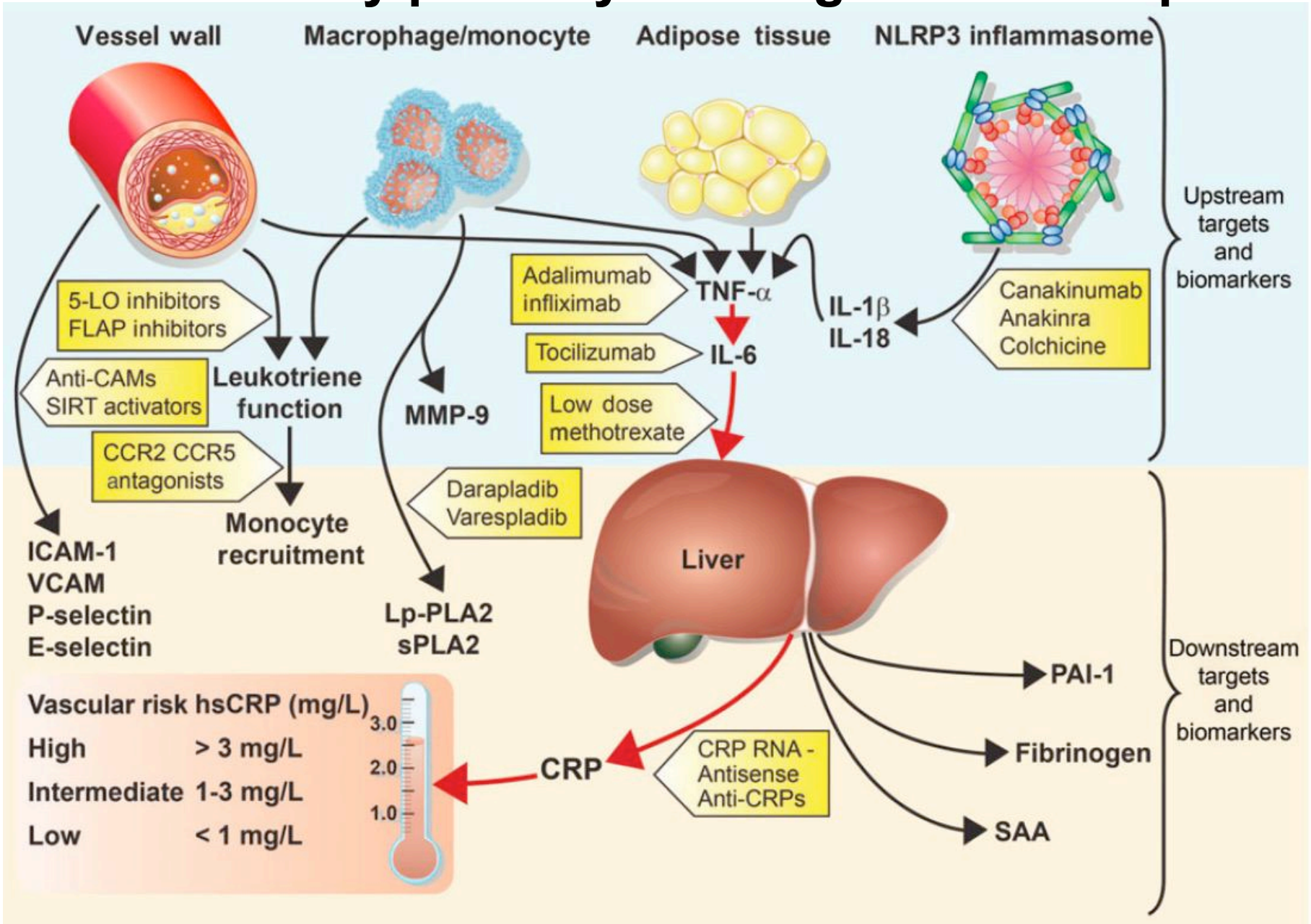
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**Director, MHI Research Center**  
**Canada Research Chair in personalized medicine**  
**UdeM Pfizer research chair in atherosclerosis**  
**Professor of medicine**  
**Montreal Heart Institute**  
**University of Montreal**

**November 2020**

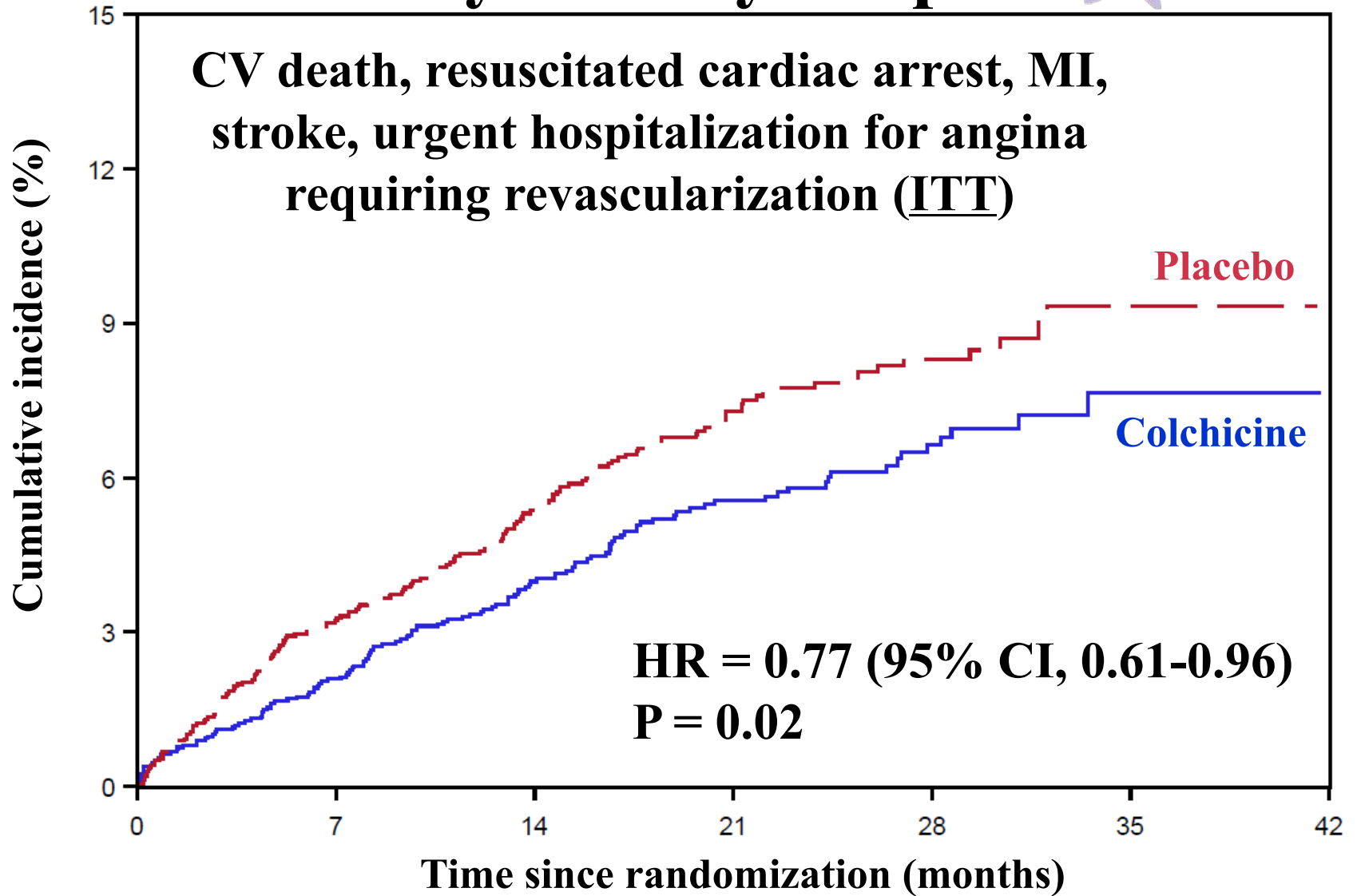


**MONTREAL  
HEART  
INSTITUTE**

# Inflammatory pathways as targets for therapies



# Primary efficacy endpoint



## No. at Risk

Colchicine 2366  
Placebo 2379

2284  
2261

1868  
1854

1230  
1224

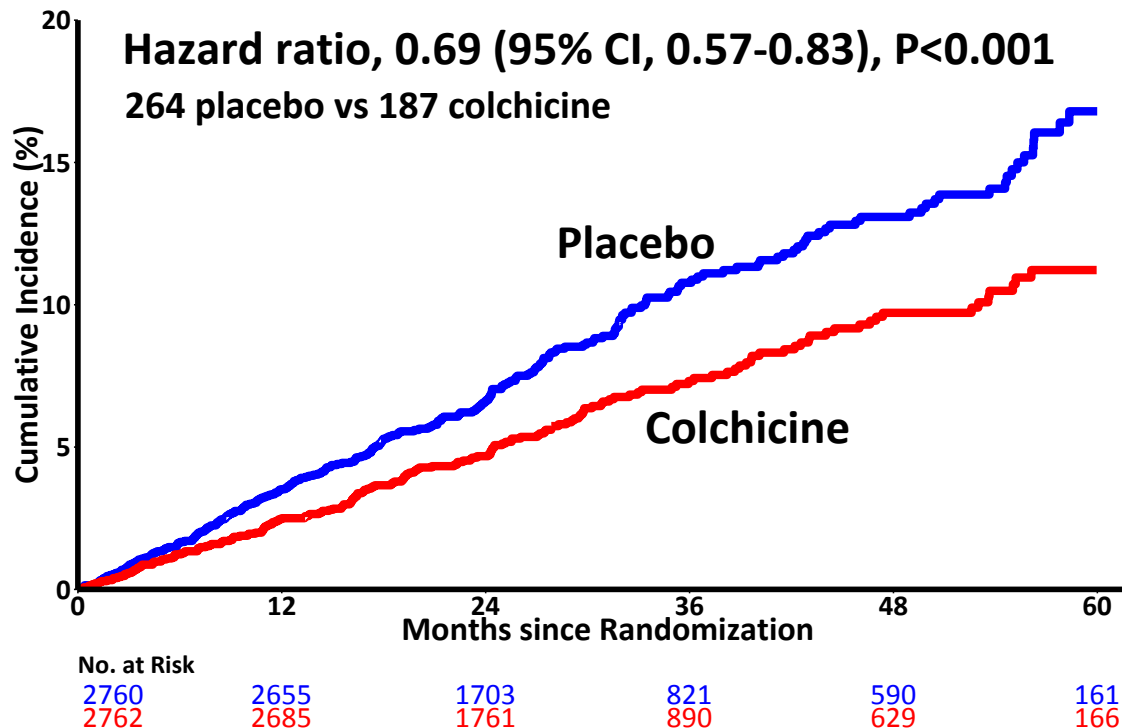
628  
622

153  
144

0  
0

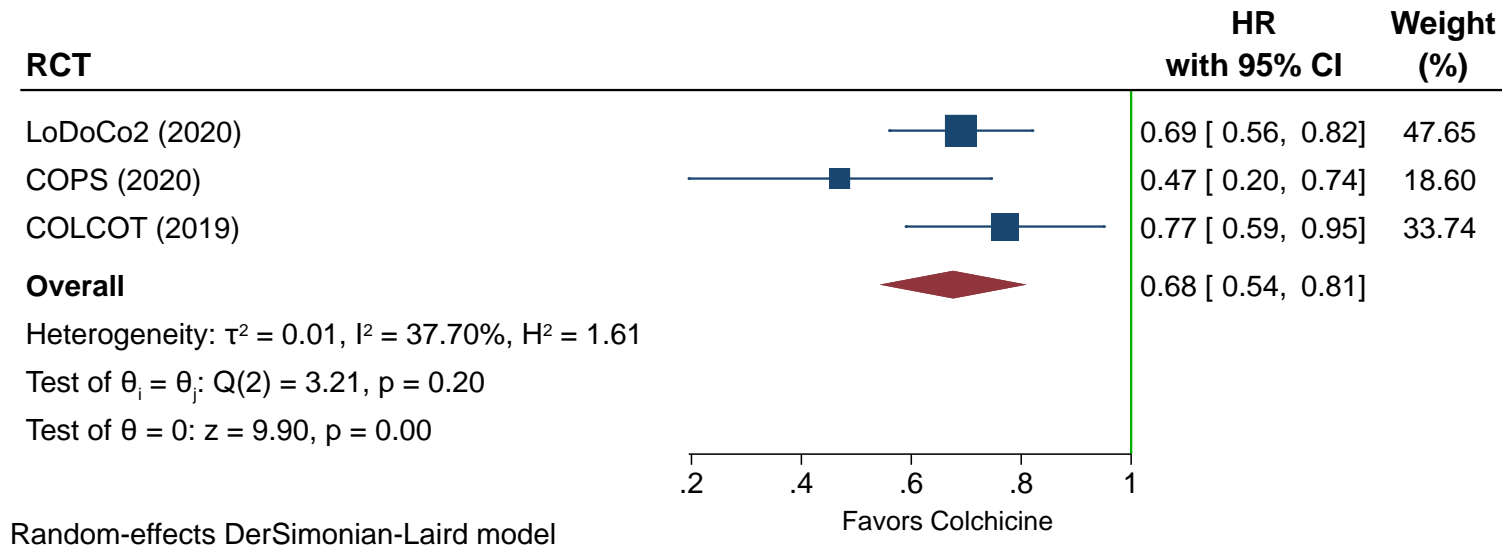
# Primary endpoint

Cardiovascular death, myocardial infarction, ischemic stroke or ischemia-driven coronary revascularization



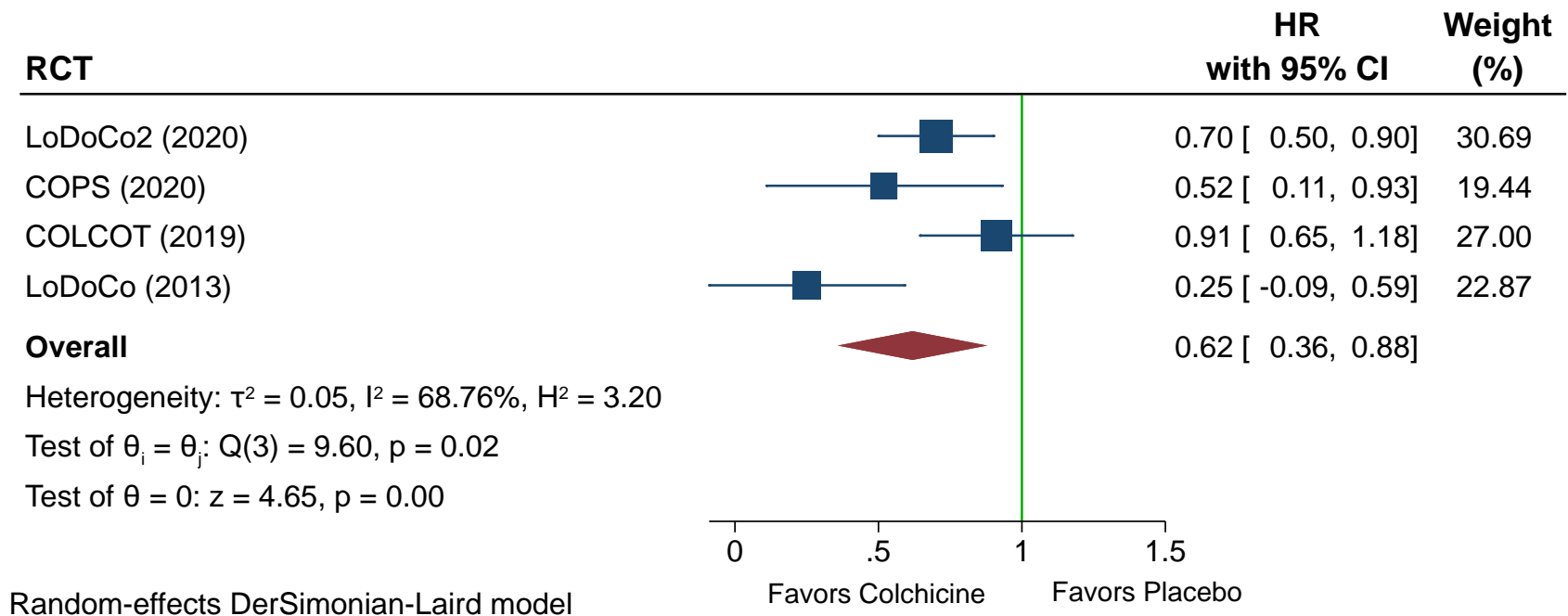
# Meta-analysis of colchicine studies in CAD

## Primary composite endpoint



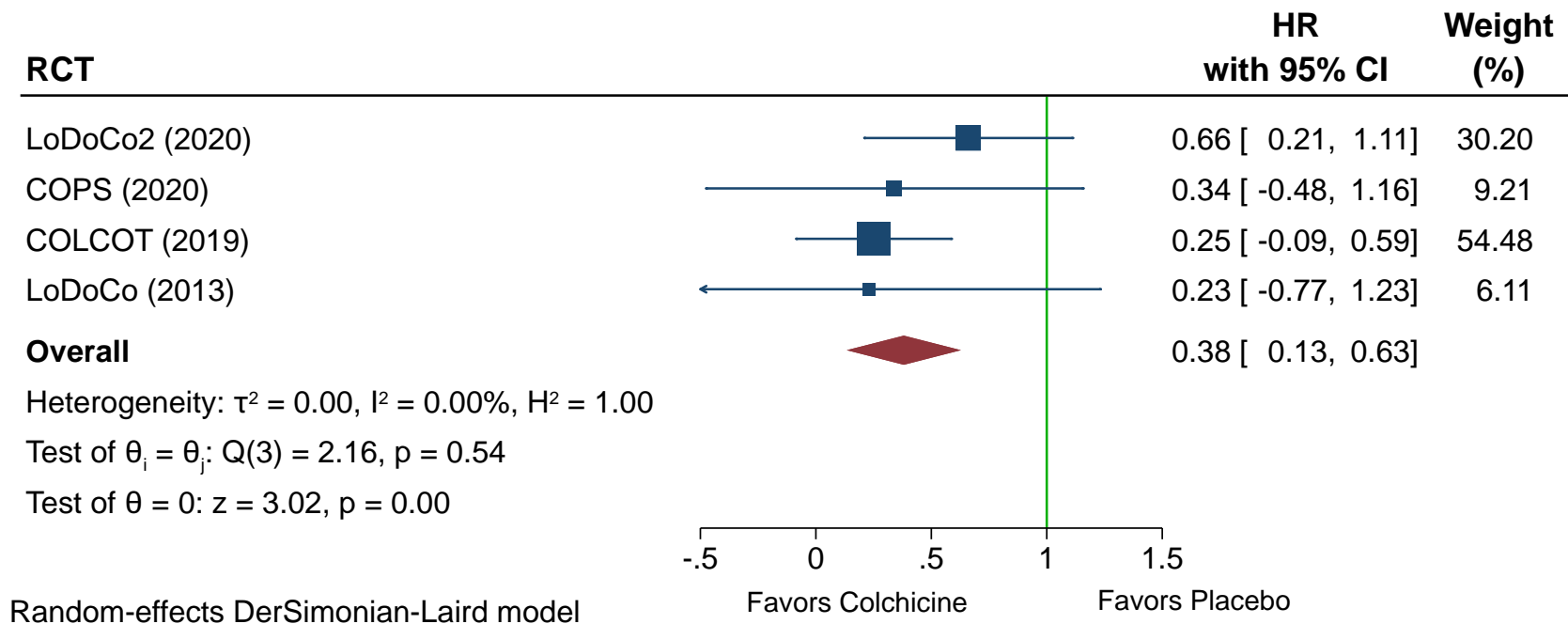
\*Primary composite endpoint includes cardiovascular mortality, myocardial infarction, ischemic stroke, and urgent coronary revascularization

# Meta-analysis of colchicine studies in CAD Myocardial infarction

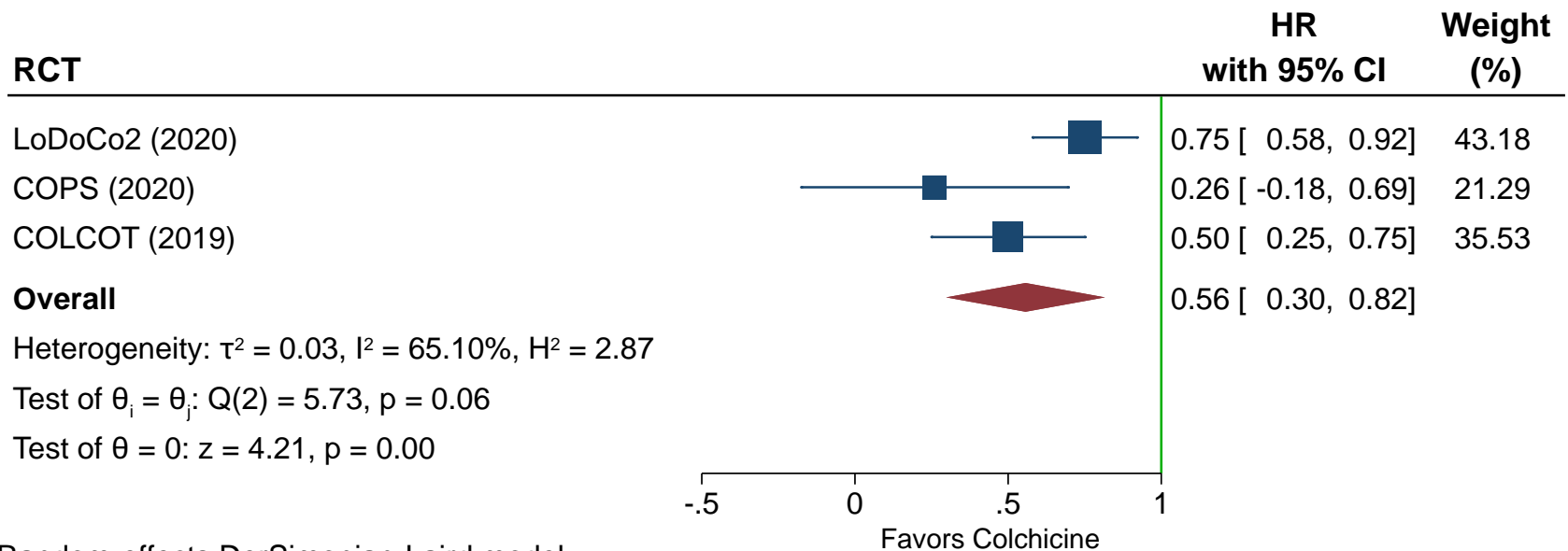


# Meta-analysis of colchicine studies in CAD

## Ischemic stroke

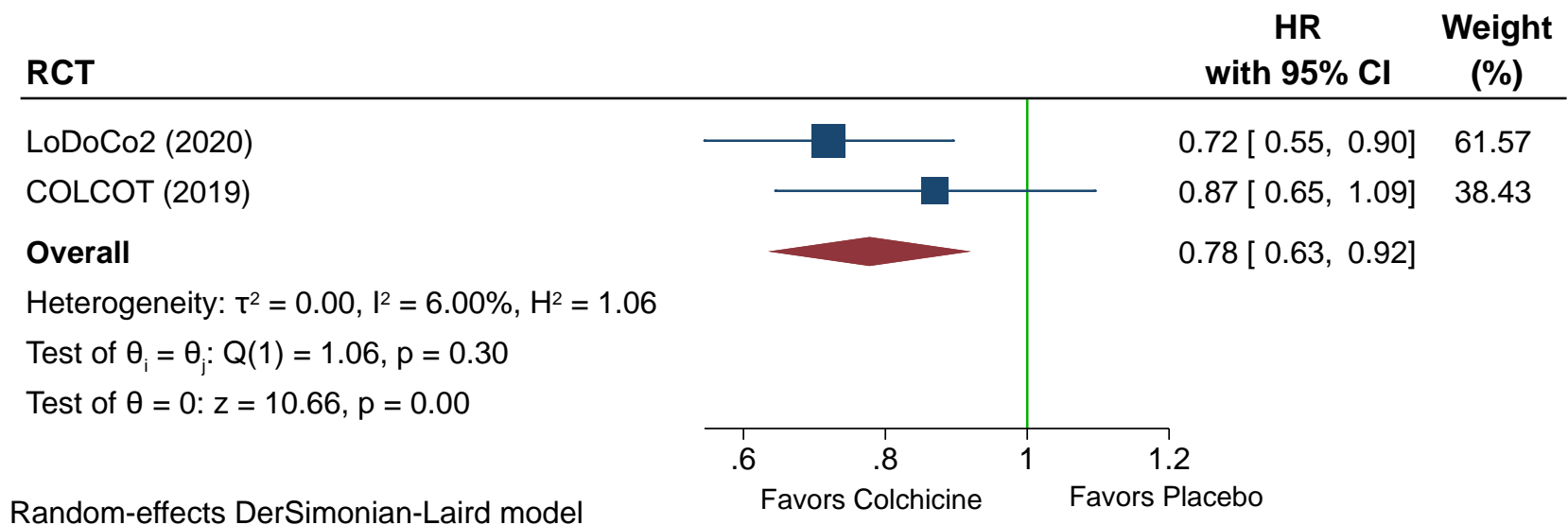


# Meta-analysis of colchicine studies in CAD Urgent coronary revascularization



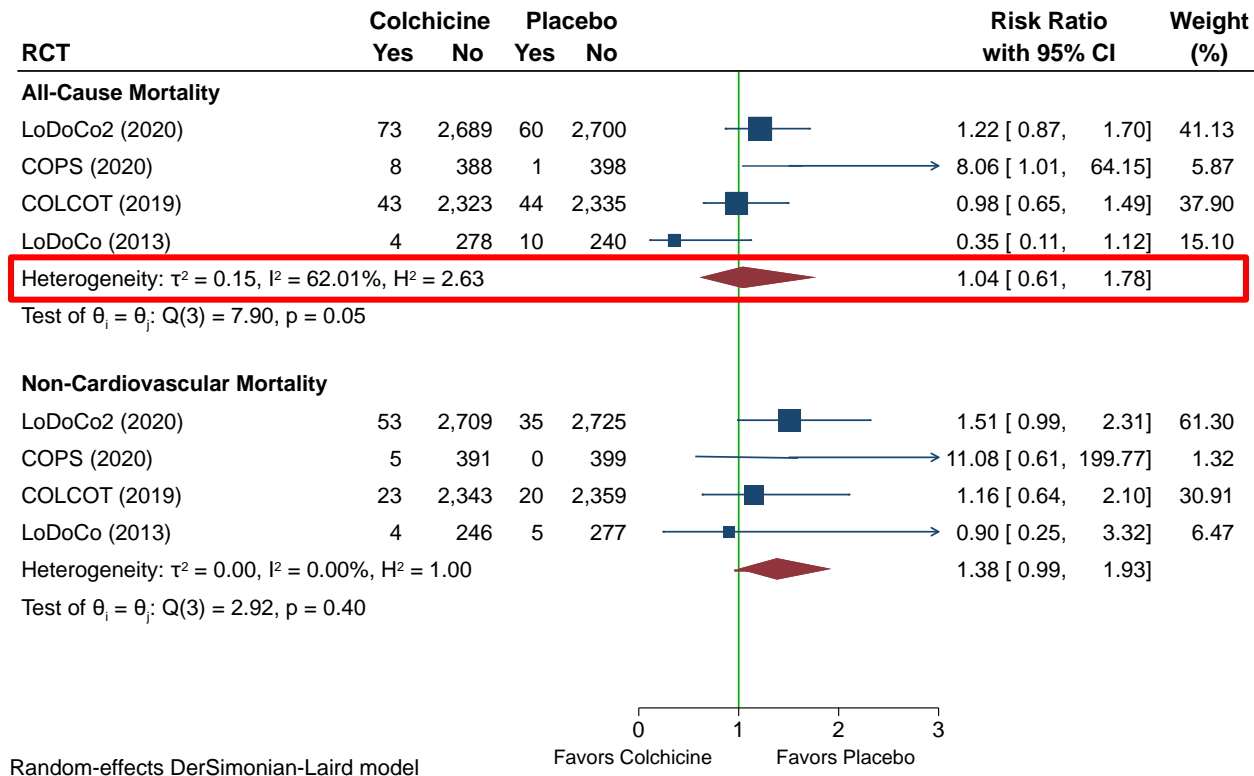


# Meta-analysis of colchicine studies in CAD CV death, MI and ischemic stroke



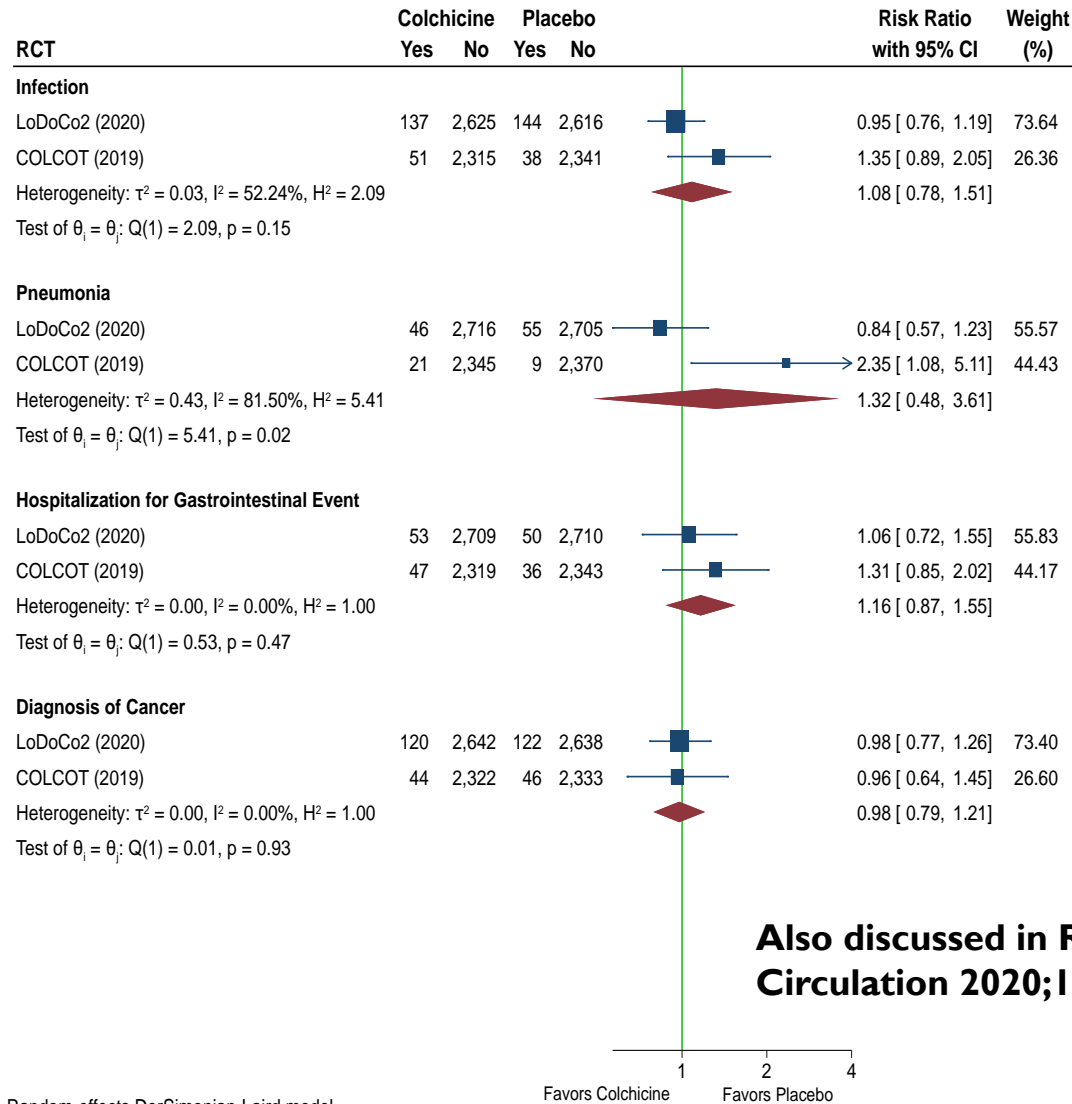
# Meta-analysis of colchicine studies in CAD

## All-cause and non-CV mortality



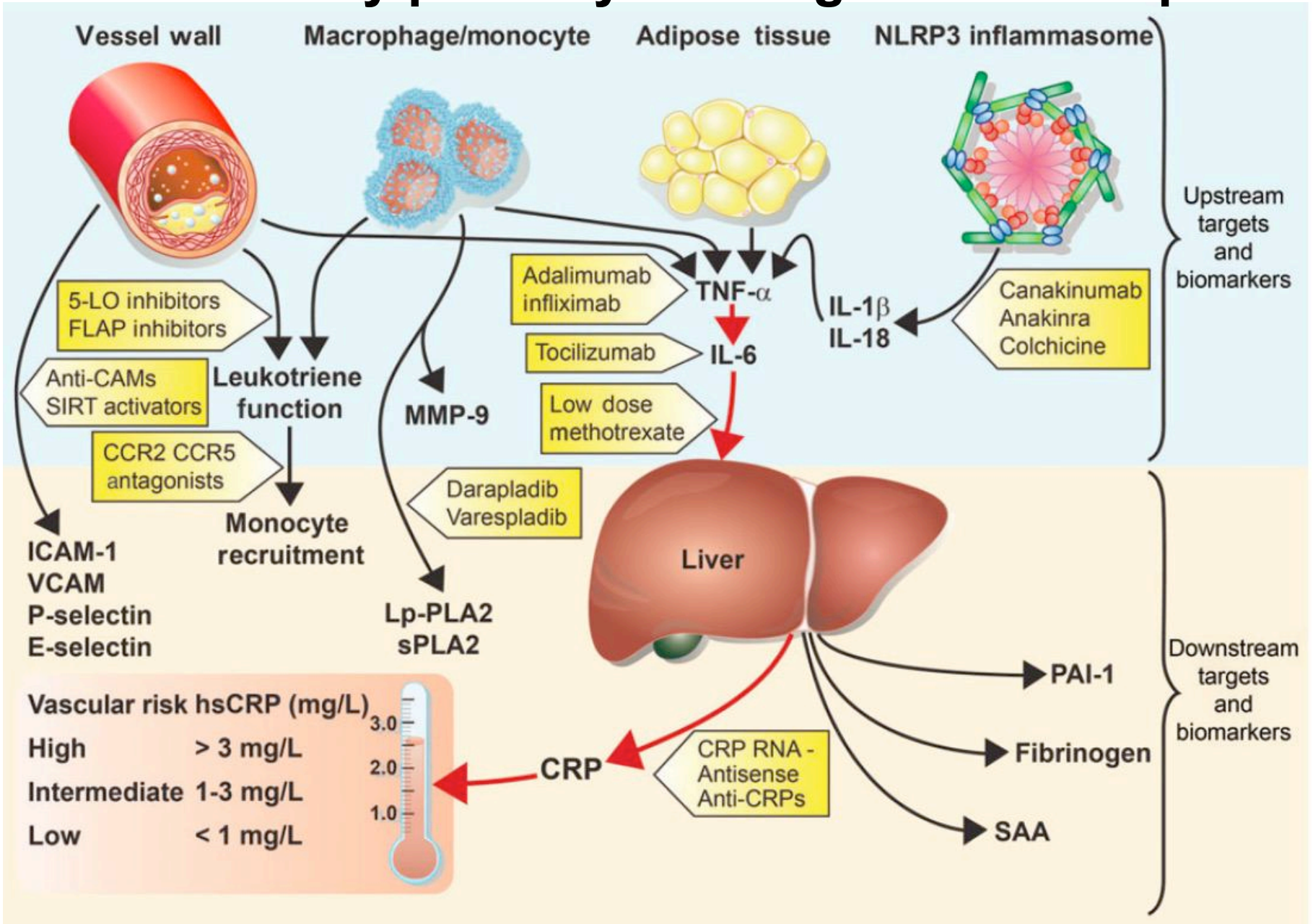
# Meta-analysis of colchicine studies in CAD

## Safety outcomes

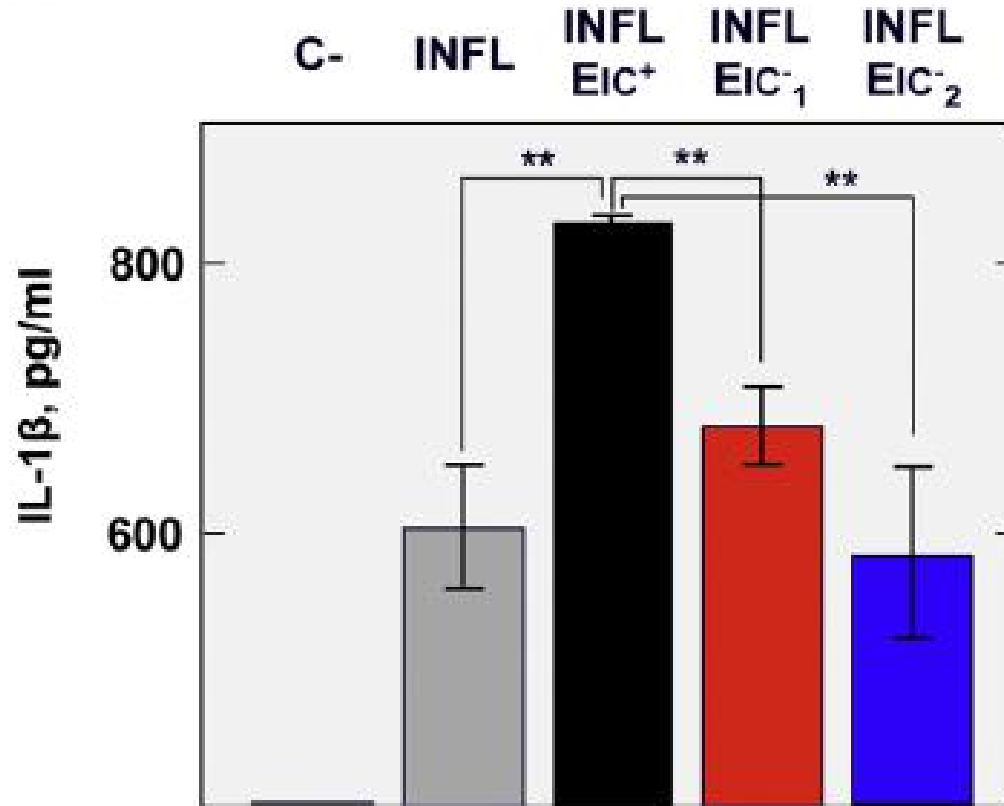


Also discussed in Roubille F, Tardif JC.  
Circulation 2020;142:1901-1904

# Inflammatory pathways as targets for therapies



# SARS-CoV viroprotein E activates the NLRP3 inflammasome (INFL)

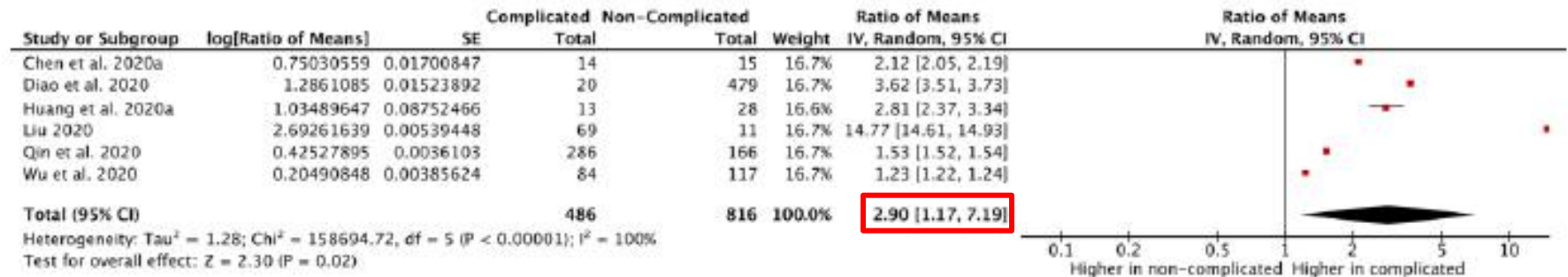


Inflammasome components were transfected in Vero E6 cells, in absence or presence of SARS-CoV E protein with (IC<sup>+</sup>) or without (IC<sup>-</sup>) ion channel activity. EIC1<sup>-</sup> and EIC2<sup>-</sup> indicate mutants. As a negative control, cells were transfected solely with pro-IL1b (C<sup>-</sup>).

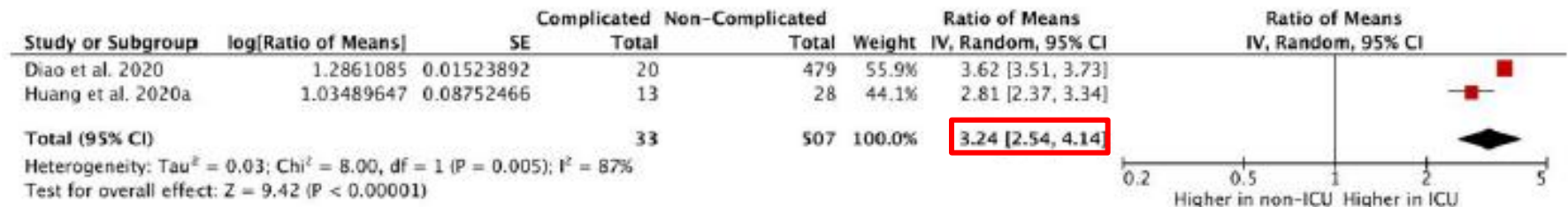
# IL-6 in COVID-19: Systematic Review and Meta-Analysis

Figure 2. Meta-Analysis of Serum IL-6 Levels in COVID-19

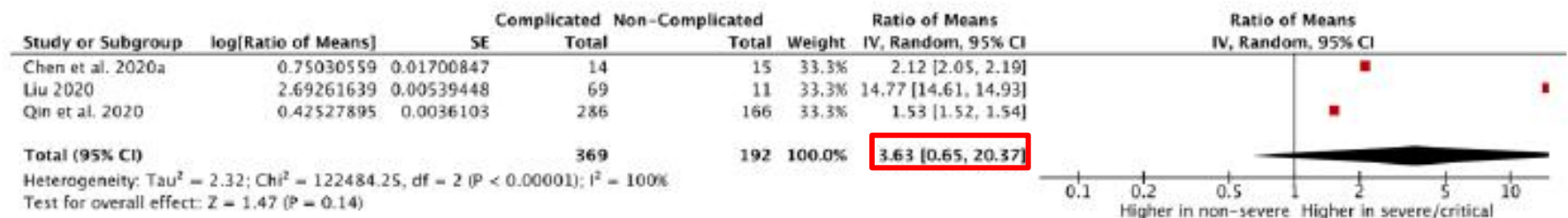
## Panel A. Patients with Complicated COVID-19 versus Non-Complicated



## Panel B. Patients Requiring ICU Admission versus Not Requiring ICU Admission

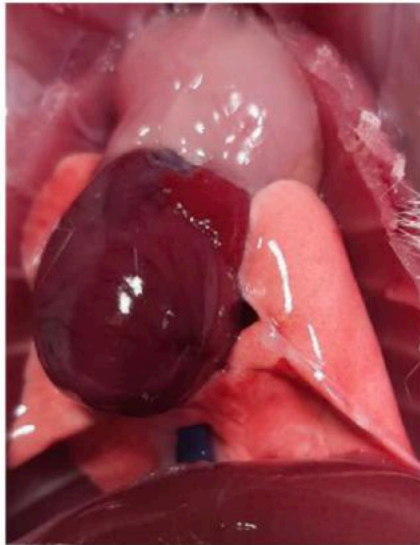


## Panel C. Patients with Severe or Critical COVID-19 versus Mild COVID-19

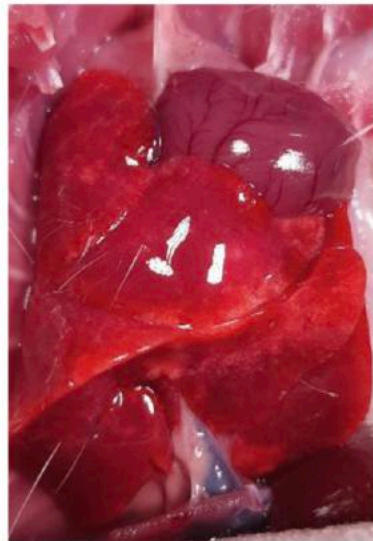


# Colchicine reduces lung injury in ARDS

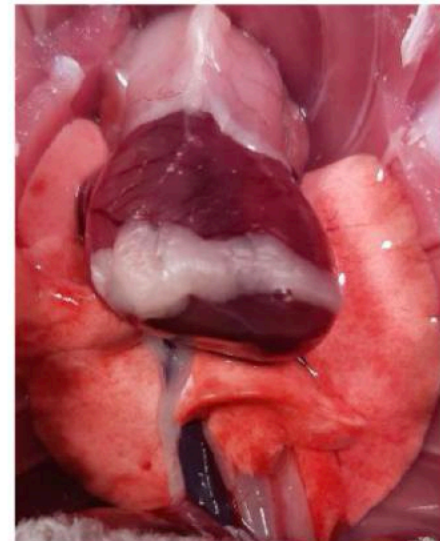
Sham



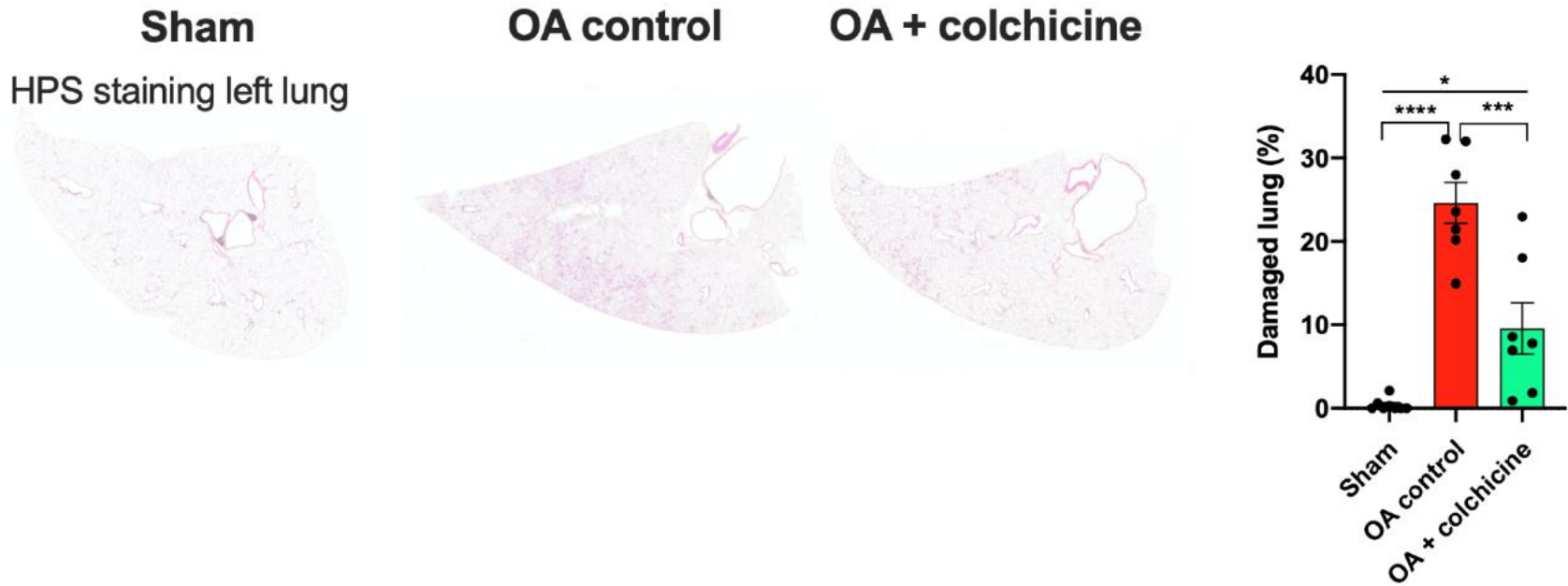
OA control



OA + colchicine

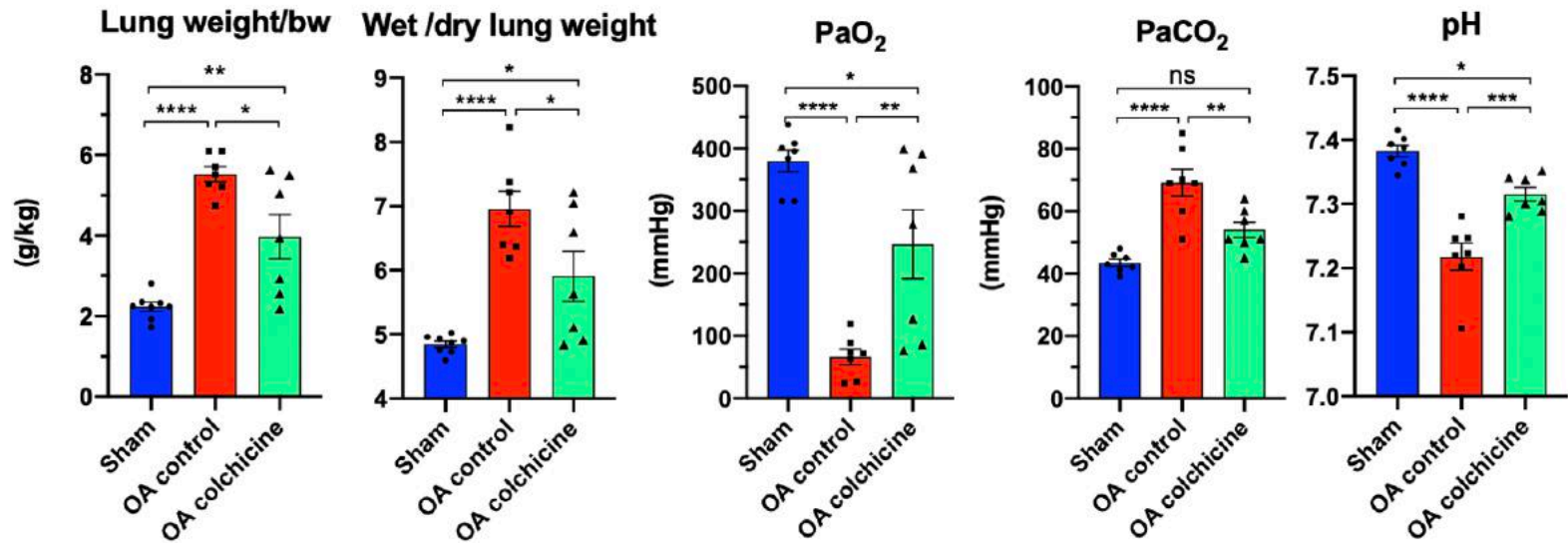


# Colchicine reduces lung injury by 61%

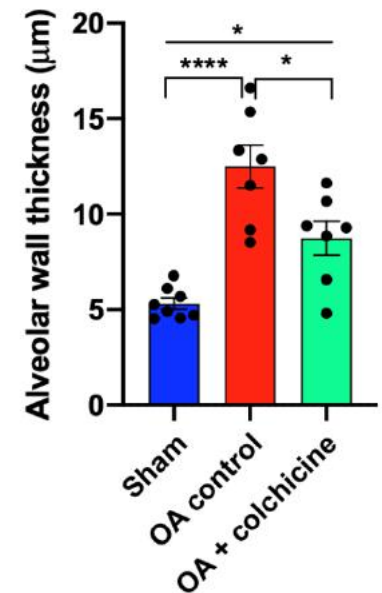
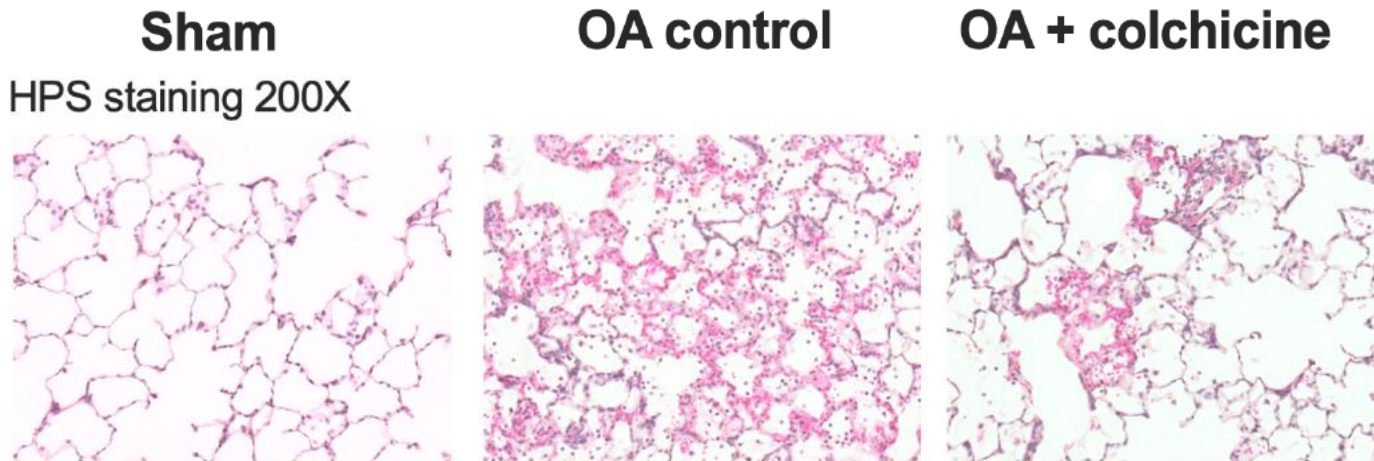




# Colchicine reduces lung edema and improves oxygenation and gas exchanges



# Colchicine reduces alveolar wall thickness



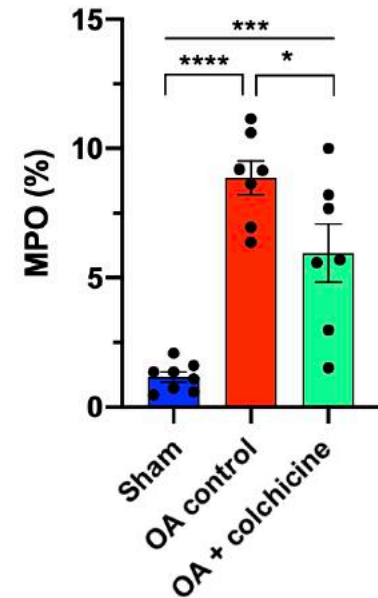
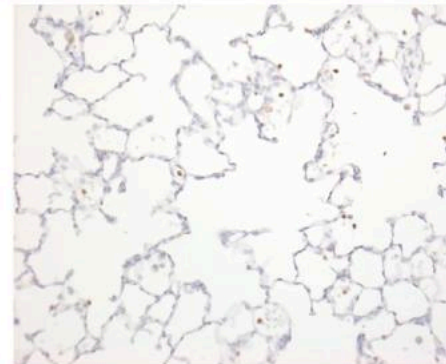
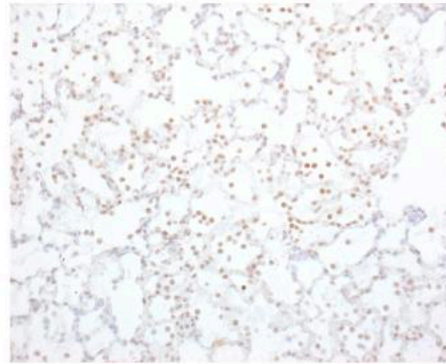
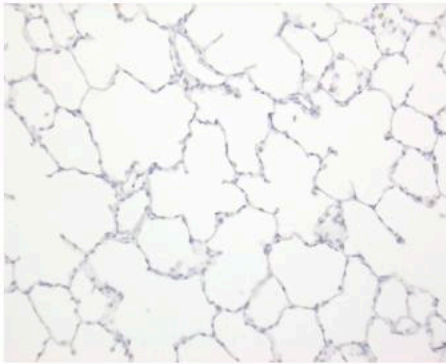
# Colchicine reduces lung neutrophil recruitment

**Sham**

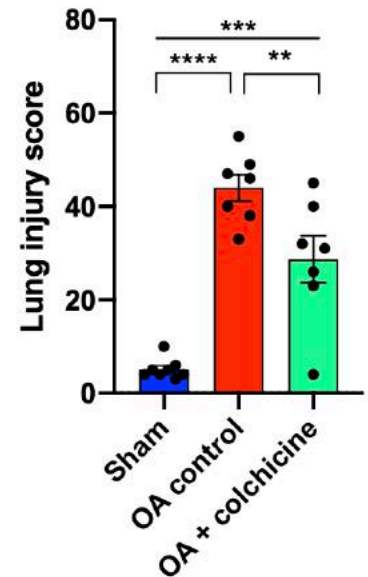
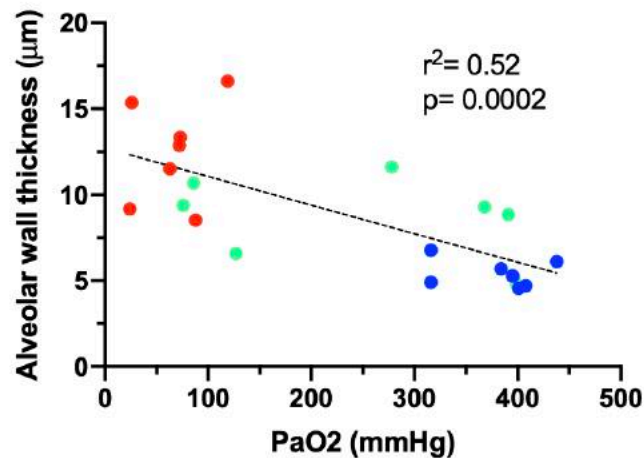
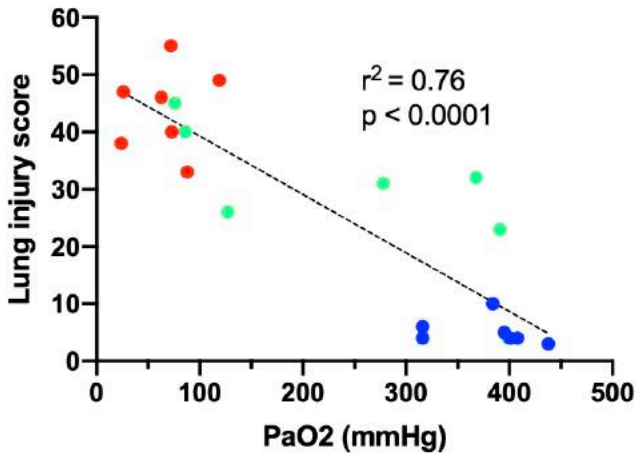
**OA control**

**OA + colchicine**

Myeloperoxidase immunostaining 200X

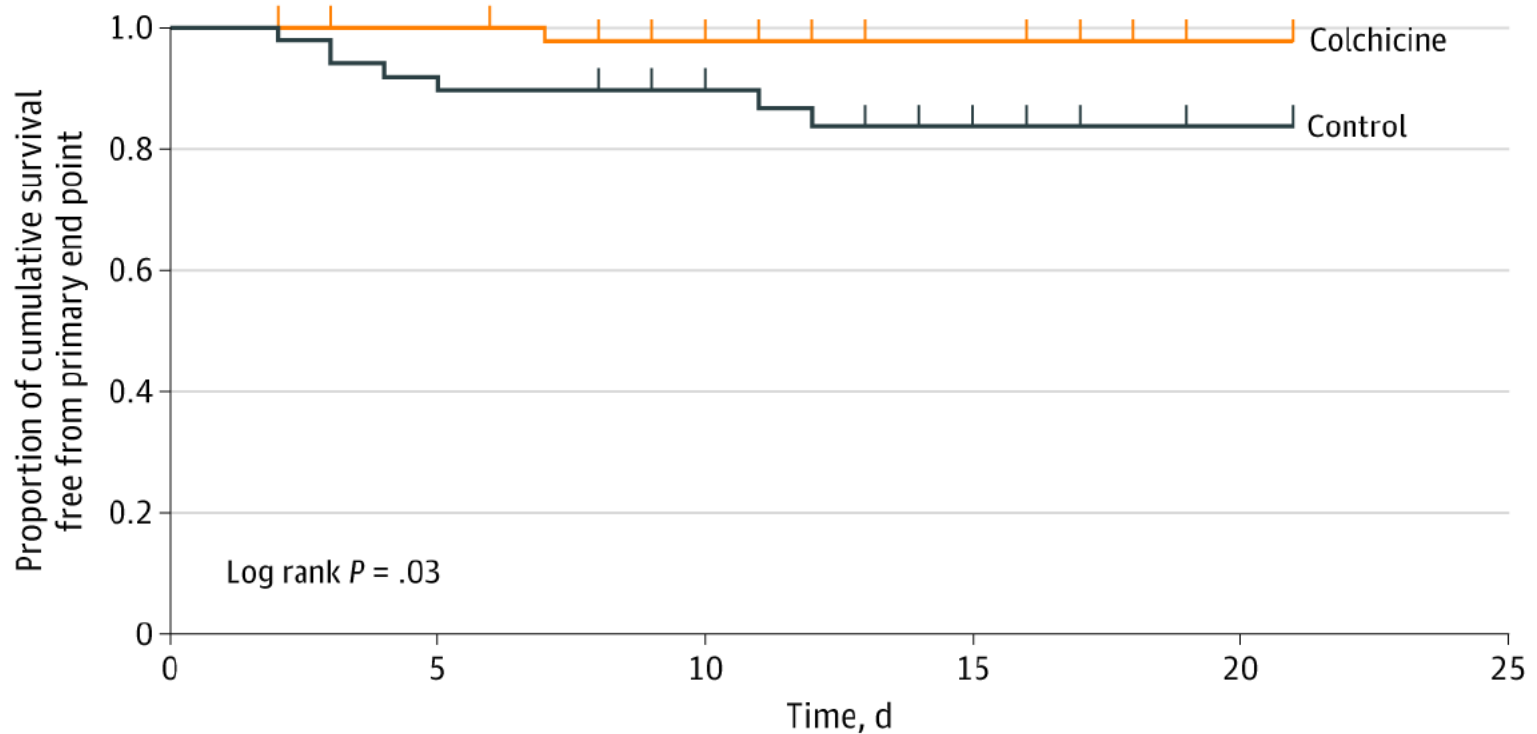


# Colchicine reduces lung injury score, correlating with improved oxygenation



# Colchicine vs standard care on biomarkers and clinical outcomes in patients hospitalized with COVID-19

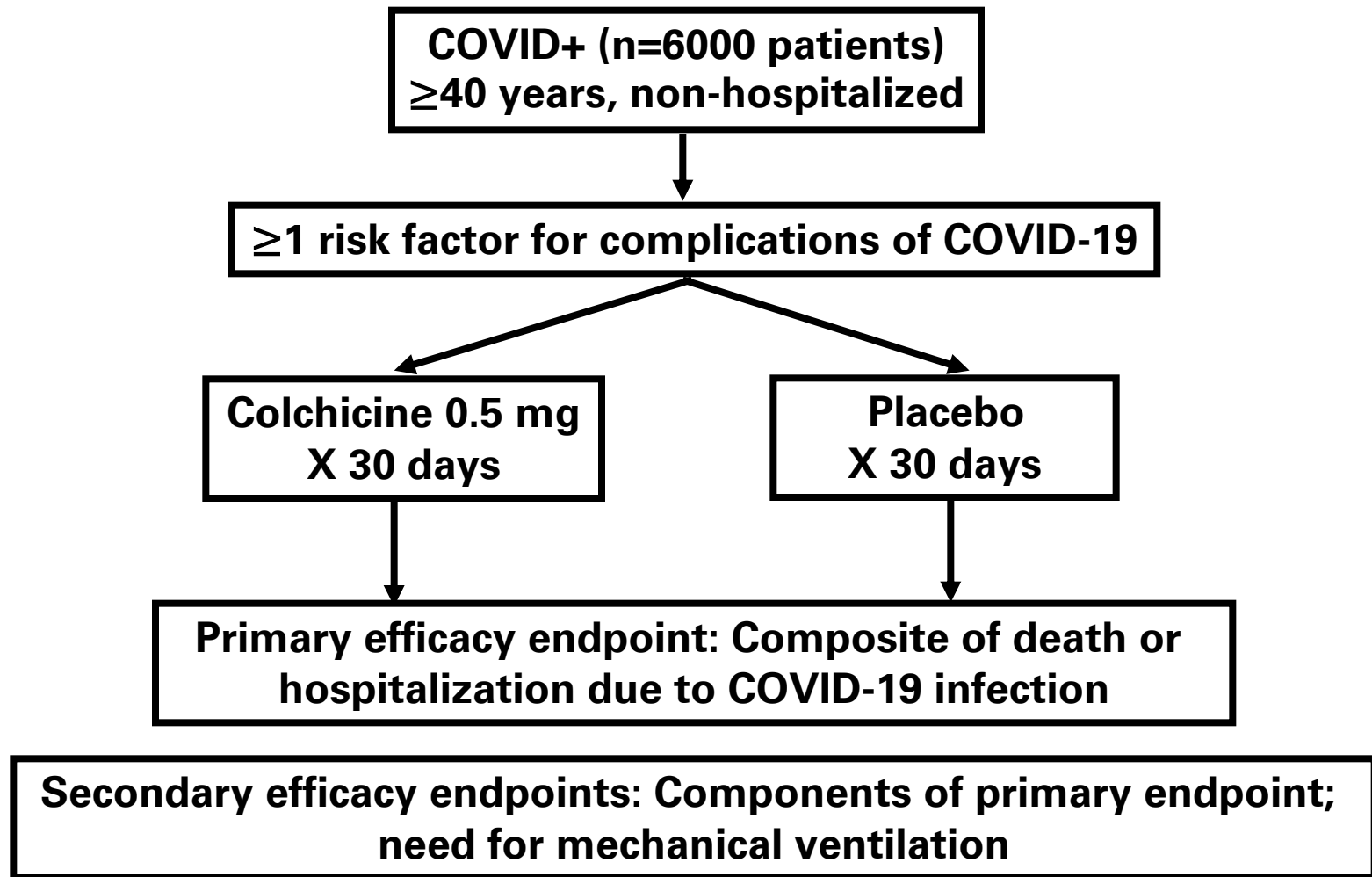
## The GRECCO-19 randomized trial



No. at risk

Colchicine	55	52	26	15	8
Control	50	43	36	15	6

# COLCORONA Study Design\*



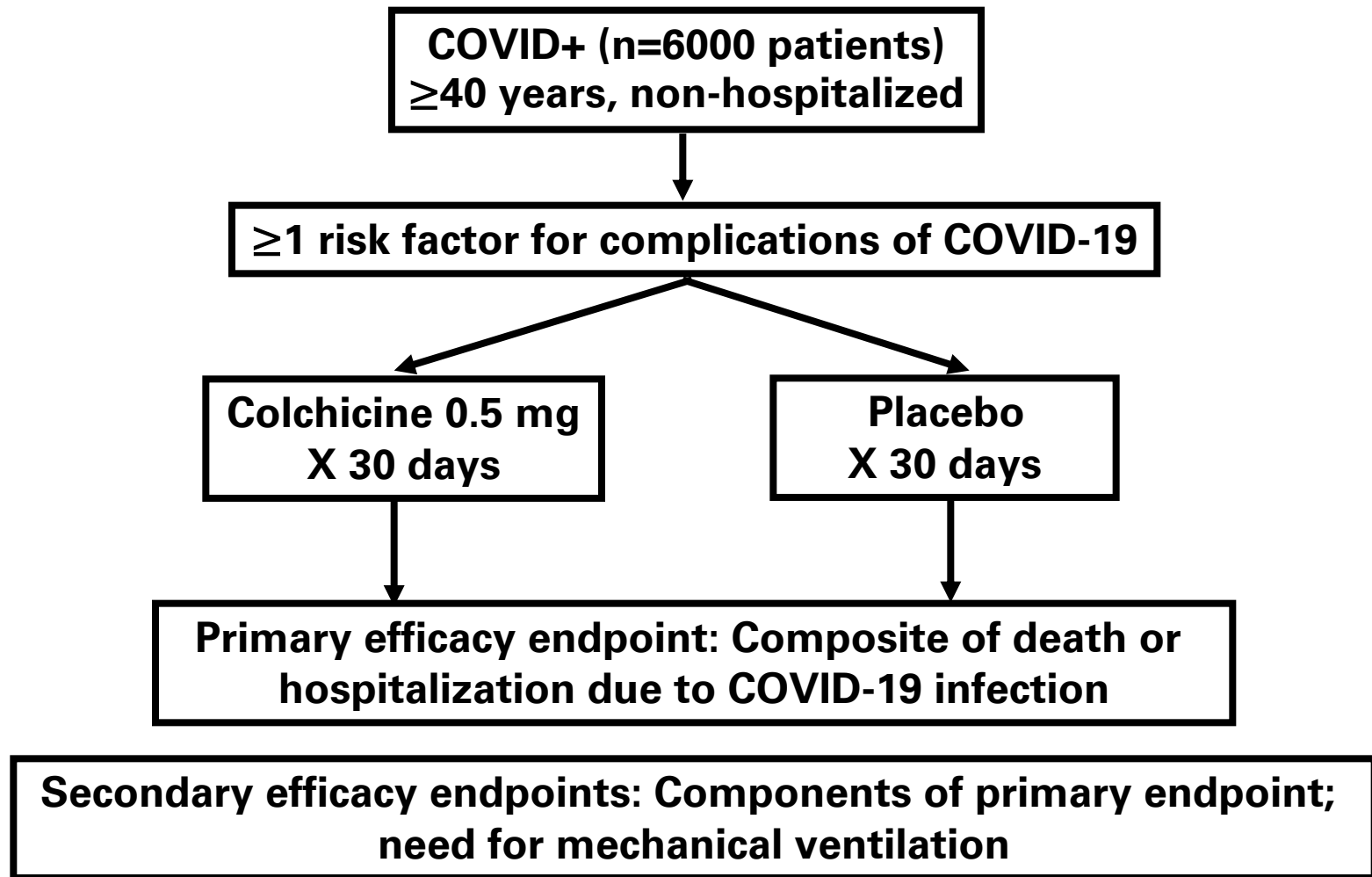
\* funded by the Government of Québec, the US NIH and the Gates Foundation

# **Risk factors for complications determining eligibility in COLCORONA**

Patient must present  $\geq 1$  risk factor for complications:

- Age  $\geq 70$  years (all patients must be aged  $\geq 40$  years)
- Diabetes mellitus
- Body-mass index  $\geq 30$  kg/m<sup>2</sup>
- Uncontrolled hypertension (systolic BP  $\geq 150$  mm Hg)
- Known pulmonary disease (including asthma or COPD)
- Known heart failure
- Known coronary disease
- Fever  $\geq 38.4^{\circ}$  C in the last 48 hours
- Dyspnea at presentation
- Bicytopenia or pancytopenia
- Combination of high neutrophil count and low lymphocyte count

# COLCORONA Study Design\*



\* funded by the Government of Québec, the US NIH and the Gates Foundation